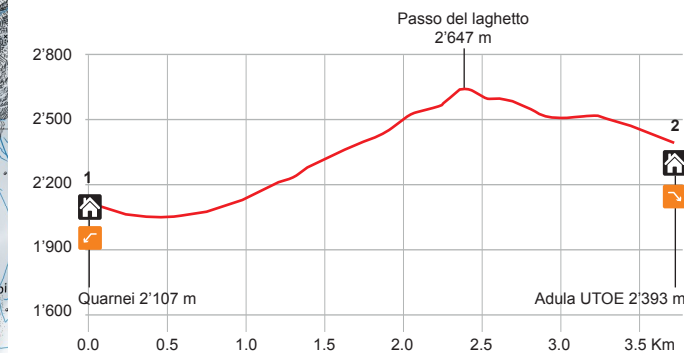


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Quarnei - Adula UTOE

630 m	4,5 km	2'647 m
340 m	2 h 30 min	T3

- 1) Quarnei - Dagro : 3 h (10,5 km)
Quarnei - Cusiè TAXI: 1 h 30 min (3,7 km)
- 2) Adula UTOE - Diga Luzzone: 3 h (10,2 km)



Quarnei: +41 91 870 26 40
 Adula UTOE: +41 91 872 16 75

Capanna custodita Cabane gardé Hütte bewartet	Rifugio non custodito Cabane non gardé Hütte nicht bewartet
Sentiero di montagna Chemin de montagne Bergwanderweg	Traccia alpina Itinéraire alpin Alpinwanderweg
Corde fisse Cordes fixes Fixseile	

regaswissairrescue CH: 1414
International: +41 333 333 333

